



From Hope to Recovery[®]

Education Program

Date: April 17th, Friday

Time: 1:00 to 5:30 p.m.

Location: Salt Lake City Public Library 210 East 400 South

COME JOIN US for 1 day and Experience This Powerful Curriculum. *From Hope to Recovery* is a unique 6 week series program designed for Treatment Providers, Parents and Caregivers of a child with mental health needs.

Information and skill development is focused on issues such as:

- Impact of children's mental illness on the family and associated Sibling issues.
- Diagnosis such as Bipolar Disorder; ADHD; Anxiety; Eating Disorders.
- Navigating the Mental Health System.
- Helping your child succeed in school. What you need to know about IEP & 504 programs.
- Self Care and Coming to Terms.

This event will bring to the parent and caregiver, issues and information from a health treatment perspective in an easy to understand format. Breakout sessions will address the needs of the whole family.

Focusing on the positive, dealing with the everyday issues and knowing where to receive support!

Presented by *ALLIES WITH FAMILIES*, Utah Chapter of the Federation of Families for Children's Mental Health



This project was developed in part with funds from the National Center for Organizational Development and Sustainability at the United Advocates for Children and Families, funded by the Child, Adolescent and Family Branch, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, United States Department of Health and Human Services. The contents and views reflected through this project do not necessarily reflect the views or policies of the funding